



is now



Launching **January 1, 2026**

The Same Trusted Support with Even More Whole-Health Benefits

You will continue to have flexible, 24/7 access to care, on your terms

- Continue to call anytime for **in-the-moment support and counseling** with licensed clinicians
- Uninterrupted support of **financial coaching, legal referrals, and work/life referrals**
- **Continued monthly live webinars** covering wellness and life topics
- Still **free, confidential & available to you and your eligible family members**



New Enhancements Coming in 2026

- **Self-schedule virtual counseling** appointments
- Get **AI-assisted support with Izzy**, your mental health navigator, for real-time answers to benefit questions, live chat support, and connecting to live care
- **Self-guided therapy (iCBT)** modules
- Enhanced research library with **articles, assessments, videos, and tools**

Medical Advocacy Referrals

- **Certified Medical Social Workers** assist with medical bills, insurance claims, provider searches, and more

New AllOne Health Member Portal, Phone Number & App go live



How to Get Started

Register for both the app and member portal at:
allonehealth.com/portal

Code: TTY4N

Call: 800-451-1834

Up to 5 mental health sessions per incident